

### LISTING OF CLAIMS

1. (Previously Presented) A method of controlling user access to Internet sites, comprising:

determining a content category of an Internet site that a user is accessing;

providing a timer;

incrementing said timer with time spent accessing only said content category by said user; and

blocking said user from accessing Internet sites in said content category when said timer reaches a predetermined level.

2. (Original) The method of Claim 1, wherein said predetermined level is thirty minutes.

3. (Original) The method of Claim 1, wherein said predetermined level is one hour.

4. (Original) The method of Claim 1, further comprising periodically resetting said timer.

5. (Original) The method of Claim 4, wherein said timer is reset every 24 hours.

6. (Original) The method of Claim 1, further comprising:

determining a second content category of an Internet site that said user is accessing;

establishing a second timer;

incrementing said second timer with time spent accessing said second content category by said user; and

blocking said user from accessing Internet sites in said second content category when said second timer reaches a second predetermined level.

7. (Original) The method of Claim 1, further comprising allowing said user to bypass said blocking, wherein said access is reported to a network administrator.

8. (Original) The method of Claim 1, further comprising caching Internet sites in said content category that are requested by said user after said timer reaches said predetermined level, wherein said user may access said cached Internet sites after a predetermined time.

9-18. (Canceled).

19. (Previously Presented) A system for rating Internet sites comprising:

at least one processor;

means that when executed by the at least one processor determines a content category of an Internet site that a user is accessing;

means that when executed by the at least one processor provides a timer;

means that when executed by the at least one processor increments said timer with time spent accessing only said content category by said user; and

means that when executed by the at least one processor blocks said user from accessing Internet sites in said content category after said timer reaches a predetermined level.

20. (Previously Presented) The system of Claim 19, further comprising means that when executed by the at least one processor caches any Internet sites requested by said user after said timer reaches said predetermined level, wherein said user may access said cached Internet sites after a predetermined time.

21-24. (Canceled).